



1ST AND FOREMOST! NONE OF US ARE DUMMIES!:) WE CAN ALL HELP OUR PITCHERS MORE THAN WE THINK WE CAN!

SO HOW?

- 1. EVALUATE: WHAT DO THEY DO WELL? WHAT DO YOU NEED THEM TO DO? WHAT MIGHT WE HAVE "ELIMINATE" FROM THEIR BAG OF TRICKS**
- 2. DRILL: WORK THEM EVERY-SINGLE-DAY ON WHAT YOU NEED FROM THEM**
- 3. INVEST: SPEND TIME WITH ON STRATEGY, THEIR CONFIDENCE (OR LACK THERE OF)...SHARE YOUR SOFTBALL I.Q.**

EVALUATE

FIND AN EVALUATION TOOL THAT WORKS FOR YOU: HERE'S WHAT WE HAVE ADOPTED:

- **5 OF EACH PITCH THEY WANT TO DISPLAY (IN/OUT or HIGH/LOW VERSIONS if applicable)**
- **CREATE A SIMPLE CHART, TABULATE, AND SHARE WITH THEM INDIVIDUALLY (not posting it). THIS BEGINNING % WILL GIVE YOU A STARTING POINT. HAVE A % THAT IS ACCEPTABLE TO YOU AND ANYTHING BELOW THAT "LEAVES THEIR BASKET OF TRICKS" UNTIL IT CAN REACH ACCEPTABILITY**
- **RECOMMEND YOU DO THIS EVALUATION AT THE BEGINNING OF EACH MONTH (or more if you see fit)**

DRILL

CREATE DAILY ASSIGNMENTS FOR EACH PITCHER (see handout)

VIDEO TAPE THEIR DRILLS (they can do this for each other)

INVEST

- THIS IS BIGGEST WAY AS “NON-PITCHING” COACHES WE CAN HELP THEM
- SHOW THEM YOU CARE FOR THEM...WE ALL KNOW THEIR POSITION IS THE ONE OF HIGHEST STRESS/PRESSURE
- ACTIVITIES:

- SHARE YOUR SOFTBALL I.Q. WITH THEM:
 - WHAT TO THROW IN CERTAIN SITUATIONS
 - HOW TO ADJUST TO CERTAIN BATTERS
 - WHAT YOU ARE THINKING ABOUT CERTAIN SITUATIONS IN THE GAME

HELP THEM UNDERSTAND THAT THE BEST PITCH TO THROW IN A SITUATION IS THE ONE THEY BELIEVE IN