

## Day One – Friday 1/18/19

### MHSSCA Softball Clinic Schedule

<u>Time</u>	<u>Event</u>	<u>Speaker</u>
8:00 a.m.	Board Meeting	
8:15 a.m.	Registration Begins	
9:00 - 9:50 a.m.	How to Build Resilient, Confident & Dedicated Young Women	Alicia Smith/Melanie Rushing
<b>9:50 - 10:00</b>	<b>Break</b>	
10:00 - 10:50 a.m.	Hitting All Parts of the Zone	Amanda Chidester
10:00 - 10:50 a.m.	Coaches Mastermind	Alicia Smith/Melanie Rushing
10:00 - 10:50	Super Sample of an Outdoor practice	Rodney Studaker
<b>10:50 - 11:00 a.m.</b>	<b>Break</b>	
11:00 - 11:50 pm	Infield Individuals & Team Drills	Bonnie Tholl
<b>12:00 - 2:00 p.m.</b>	<b>Lunch, Awards, Hall of Fame 2019 Inductees, &amp; MHSSCA Business</b>	
2:00 - 3:00 p.m.	MHSAA Softball Rules meeting	Andi Osters
<b>3:00 - 3:10 p.m.</b>	<b>Break</b>	
3:10 - 4:00 p.m.	Timing: The Key to Hitting (Ball Room)	Amanda Chidester
3:10 - 4:00 p.m.	Developing Great Outfielders (University Room 1)	Jessica Bracamonte
3:10 - 4:00 p.m.	Super Slap Hitting ((University Room 2)	McKenzie Long
<b>4:00 - 4:10 pm</b>	<b>Break - Special Drawing</b>	
4:10 - 5:00 p.m.	Mental Approach to Hitting (Ball Room)	Amanda Chidester
4:10 - 5:00 p.m.	Incorporating Competition & Pressure into Practice (University Room 1)	Jessica Bracamonte
4:10 - 5:00 p.m.	Championship Arms: Throwing Progressions & Drills (University Room 2)	Sarah Gutknecht
<b>5:00 - 5:10 p.m.</b>	<b>Break - Super Drawing</b>	
5:10 - 6:00 p.m.	Creating an Awesome Practice (Ball Room)	McKenzie Long
5:10 - 6:00 p.m.	Increasing Throwing Accuracy at all Positions (University Room 1) Cutoffs, Relays, & Special Plays	Jeff Nowaczyk
5:10 - 6:00 p.m.	Developing Confidence in the Female Athlete (University Room 2)	Sarah Gutknecht
6:00 - 7:00 p.m.	Maximizing Your Indoor Practice Space (Ball Room)	Rodney Studaker
<b>7:00 - ?????</b>	<b>Preseason Rankings, Coaches Social (Dinner on your own)</b>	

## Day Two – Saturday 1/19/19

### MHSSCA Softball Clinic Schedule

<u>Time</u>	<u>Event</u>	<u>Speaker</u>
8:30 - 9:30 a.m.	Catching Footwork & Drills	Amanda Chidester
9:30 - 9:40 a.m.	Break – Special Drawing	
9:40 - 10:30 a.m.	Pitching For Dummies: A Non-Pitching Coaches Guide to Coaching Pitchers	Todd Buckingham
10:30 - 10:40 a.m.	Break – Final Drawing	
10:40 - 11:30 a.m.	Developing Championship Team Culture	Todd Buckingham